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## 12 DAYS, 12 HANGOVER SKIN FIXERS



POSTED BY  
**ROMINA MCGUINNESS**  
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December is the only month where I allow myself to break my own 'no drinking on a school night' rule – and I have every intention of making the most of it. What I mean is, I'll be spending the next two weeks ever so slightly tipsy - and I won't be the only one.

But whilst my body is pulling through thanks to countless pints of green tea, my skin is struggling to keep up with all the adrenaline and sugar spikes (**damn you mulled wine**). Let's just say that sleep and green tea isn't cutting it. So I've rounded up the best serums, balms, scrubs, cleansers, you name it, to keep your complexion looking reasonably clear through the rest of the party season as you juggle smoked salmon canapés and late nights in the lead up to the holidays.

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