

the marilyn denis show

**MARILYN**



@  
sh  
8:2

HOME VIDEO SCHEDULE PAST SHOWS TICKETS BE ON THE SHOW ABOUT

Beauty ▼ Celes Cooking ▼ Fashion Finance ▼ Health ▼ Holidays At Home ▼ Outdo

 **Beauty**

HOME

SEGMENTS

## Keep these in your Clutch

The holidays are here and that means lots of parties! The Kit's Chantel Guertin shares the beauty essentials for any type of occasion.

**Work Party:** A lot of places of employment are having them after work so you don't have time to go back home and get ready. You need something compact, that has a variety and can fit in your desk.

- *Sephora Favourites Glitz & Glam, \$54:* What's great about this is that it gives you eight beauty essential products plus a gorgeous clutch. Take everything to work in the clutch and you'll have everything you need to update your look from cubicle to cocktail party. Then bring the clutch with you instead of your everyday handbag. Available at Sephora and [www.sephora.ca](http://www.sephora.ca)
- *Skid Out Erasers by Fashion First Aid, \$4.95:* These skid out erasers are great because they get rid of deodorant stains, toothpaste drool, lunch stains, makeup powder smudges, and even pet hair, making it perfect for last-minute touch ups. Available at [www.StockingStufferStore.ca](http://www.StockingStufferStore.ca)



**Family Events:** You want long-lasting makeup that doesn't need touchups for days when you're going home to house. These refreshing products spritz to apply and can be used throughout the day.

- *Urban Decay All Nighter Long-Lasting Makeup Setting Spray*, \$35: To keep your makeup staying put as you hop from party to party, this weightless setting spray is all you need. Just slip it in your purse then spritz it for a weightless feel that keeps your makeup looking just-applied for up to 16 hours. It features temperature control technology so it actually lowers the temperature of your makeup to keep it in place without cracking or creasing. It's paraben, sulfate, and phthalates free. Available at [urbandecay.com](http://urbandecay.com)
- *Luster Now Mouth Rinse*, \$7.75: This rinse freshens breath and whitens teeth on the go (great for getting red of red wine stains on your teeth when heading from one cocktail party to the next! Available at Shoppers Drug Mart
- *MIYU De-Stress Mi Beauty Essence*, \$34: Get a fresh boost from this facial mist, plus the rich nutrients of a serum. You're rehydrated, but also calmed because of the de-stressing ingredients (ideal for getting through those family functions!) Available at [miyubeauty.com](http://miyubeauty.com)



**Outdoor Fun:** You want to look good outside, but you need to remember hydrating products to prevent damage to your skin and hair from the wind or cold.

- *Kerastase Lacque Couture in Medium Hold*, \$36: Get 24 hours of frizz fighting, as well as static protection, which is great for going from the outdoors to indoors, all with a great velvety feel. It's great for keeping your hair looking natural because there's no stiffness or weighing down with this spray. Available at salons
- *L'Occitane Mini Shea Butter*, \$10: Keep this in your pocket to put on chapped skin, lips, hands. They're pocket-size and all natural so they are super rich and hydrating. Plus, it's a great all-in-one when you don't want to carry lip balm, face cream and hand cream. Available at [loccitane.ca](http://loccitane.ca)



**New Year's Eve:** It's all about legs! Self-tanner to make them glow, leg product to reduce swelling and feet products to keep your feet cool while dancing all night.

- *Rich for Body Self Tan Lotion, \$37.50:* This just became available in Canada (originates from the UK) and became the #1 selling self-tanner in Sephora in the U.S. after 2 months of being available. It darkens in 4-8 hours naturally and is all organic (unheard of in self-tanners), super moisturizing, has no smell, no streaks and no transferring! Available at Sephora
- *Dr. Scholl's For Her Fast Flats, \$16.99:* Fast flats are great for quick comfort and they come in a cute clutch. Available at mass market retailers
- *Dr. Scholl's For Her High Heel Insoles, \$12.99:* The insoles are great because they provide comfort in your high heels. The arch shifts pressure from the balls of your foot so you can wear your heels longer. The shape of the insole fits perfectly in open style shoes like strappy sandals and sling backs. Available at mass market retailers



Chantel's nails by CND at Ritual Spa, [www.cnd.com](http://www.cnd.com); [www.ritual.ca](http://www.ritual.ca).



## CHANTEL GUERTIN Beauty Expert

With more than 10 years experience as a lifestyle editor and consumer trends tracker, Chantel Simmons joins THE MARILYN DENIS SHOW as Marilyn's beauty expert. The beauty addict appears regularly and reports on a wide range of professional beauty products from salons and cosmetic houses from around the world. Chantel is also [TheKit.ca](#)'s hair editor – a digital fashion and beauty magazine available online and weekly in The Toronto Star.

Chantel has also worked and appeared in ELLE Canada and Elevate magazine, [Sweetspot.ca](#) and [TVGuide.ca](#). She has also contributed to FASHION magazine, Maclean's, Best Health, MoneySense, [HGTV.ca](#),

[FoodNetwork.com](#), and [WNetwork.com](#).

The author of two best-selling novels, Chantel's first book, *Stuck in Downward Dog* received critical acclaim from the Winnipeg Free Press (Best-Seller), Vancouver Sun (Editor's Choice) and Chatelaine (Book of the Month & Best Beach Book). Her second novel, *Love Struck*, was published in February 2010.

For more information on Chantel Guertin, visit [ChantelSimmons.com](#). Follow Chantel on Twitter, [@ChantelSimmons](#).