

# BEAUTY

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*Summer sun and dry wind can be harsh on our skin in the months ahead; of course, the sun is the number one offender for dehydrating while also dulling and aging our skin! If you want to help yourself and your skin out this summer try some of these marvelous beauty defenders.*

## SUMMER SKIN GUIDE

### 1. HYDRATE OFTEN

Your skin will always be on guard against the sun's harmful rays with the **MIYU Hydrate Mi Beauty Essence** – a facial mist containing goji berry extract, the superfruit that is positively brimming with antioxidants. This refreshing mist provides an instant surge of hydration for your skin anytime of day or night.  
MIYUBeauty.com, \$34.

1.



### 2. AFTER THE SUN

By this time of year, you may have already had a sunburn incident so make sure you're always prepared by keeping **Dermalogica After Sun Repair** on hand for any and all summer sun mishaps. It's a cooling treatment balm that helps remedy sun damage and calms your skin.  
Dermalogica.com, \$32.

2.



3.



### 3. SECRET WEAPON

**Cle de Peau Brightening Serum Supreme** is an advanced-performance brightening serum, which stops conditions that lead to dark spots from even developing. This patented serum creates a dramatically luminous and well even-toned complexion that absolutely glows from within.  
Saks Fifth Avenue, \$180.

### 4. PLUMP IT UP

Keep your skin glowing all summer long with **Bliss Firm, Baby, Firm Moisturizing Gel-Cream**, a hydration powerhouse that completely refreshes your skin. Bursting with benefits yet lightweight, this gel-cream is formulated with gardenia stem cells to give your skin a healthier look, all while providing intense moisturization.  
Bliss.com, \$62.

4.

