

Miyu Teas & Beauty

POSTED ON JULY 8, 2014 BY SIMPLYBEYOUTIFIED



Two things I'm constantly going through at home are of course natural skincare products (I'm kind of addicted) and tea, I drink it every single day. I found a company who offers both and designed them specifically to compliment each other. Miyu Beauty! They combine the ancient philosophies of Chinese medicine with the advancements in modern skincare technology.

Thus, creating a revolutionary line of skincare products that enhance beauty from the inside out. This is something I'm sure we all can agree on, beauty isn't only skin deep! 😊

They combine powerful, natural botanicals and leave out all the bad stuff, parabens, phthalates, sulfates, synthetic dyes & fragrances. I love everything they offer but my favorite is the De-Stress Mi Pairing. Included is an earthy tea blend of licorice, peppermint and chamomile blossoms. The peppermint is aromatic, refreshing and instantly uplifts the spirit and helps re-energize, while the licorice and chamomile blossoms are anti-inflammatory and soothe from within. Also a facial mist with rich nutrients that instantly soothe the skin. The combination of these two tackle problematic skin even on our most stressful days.

This makes for the perfect start or end to any day. I find it most useful at the end of the night, after having a long day it's really nice to pamper yourself and take a little time to yourself to relax and recoup. Only one spray needed, a generous amount of product comes out giving enough to cover your entire face. The travel size makes it an excellent product to take along with you anywhere you go that you may need to refreshen your skin and take a minute to relax and calm down!

website: <http://www.miyubeauty.com>

Disclaimer: This is a personal blog and I do not receive monetary compensation for any of my product reviews. All reviews are based on my own opinion, personal use and results. Some products are purchased by me, while others are sent to me in exchange for my honest review.