

SATURDAY, OCTOBER 05, 2013

Do You Miyu Beauty?

There's a new beauty line amongst us! **MIYU BEAUTY** pairs teas with skincare. Ummm, huh? Launched just last month, MIYU (pronounced mee-you) borrows the wisdom from ancient Chinese medicine. The beauty teas help to work on the skin from the *inside* out, while the Beauty Essence items work from the *outside* in. Makes sense now, right?

There are two pairings available right now – **Hydrate Mi** and **De-Stress Mi**.

I gave the **De-Stress Mi** duo a spin a few times in the past week. The **Beauty Tea** contains organic peppermint, licorice, and organic chamomile blossoms and little candied pearls. Such a nice visual to give the tea bag a dab of luxury!



The **Calming Mist** blends the freshness of a mist with the richness of a serum and contains their signature blend of green tea, white peony and pearl. Added to that is a combination with natural botanical distressers like the first essential minerals of silicon, magnesium, copper, iron and zinc plus dandelion, ginger, licorice and honeysuckle. I keep this one in the car for those LA traffic moments and it seems to work.

Purchase each of the products separately or as a duo, which makes the most sense. Both sets available for \$42 (Beauty Essense is 2.7oz, Beauty Tea 16 sachets) @ miyubeauty.com.

And with the holidays right around the corner, this would make a really unique and thoughtful hostess gift, dontcha think?

Disclosure: Samples of these items were provided for review purposes.

You can also follow Cybele on [Twitter](#), [Pinterest](#) and [Instagram](#)