

TUESDAY

11 FEBRUARY 2014

MIYU BEAUTY - HYDRATE MI BEAUTY TEA

I'm really keen on any kind of tea that is detoxing, beautifying, relaxing or settling. I've tried a *lot* of different teas, but I've just come across one which I want to try so desperately. It doesn't only sound yummy but it's packaged so beautifully it would sit perfectly and with pride in a kitchen, bedroom...maybe even a bathroom (if you like to drink your tea whilst you wash - why not?)



Sadly, [MIYU](#) beauty, who sell an array of beautiful skincare products too, only ship to the US and Canada currently but I have my fingers crossed that growth will mean they will start shipping to the UK soon. I can't wait to try this tea. Here's the down-low (taken directly from the [MIYU](#) website):

"A light and fruity blend of green rooibos, goji berries, rose petals and snow pear essence – an irresistible way to hydrate parched complexions.

For optimal results, pair with *hydrate mi beauty essence*.

You'll love it if:

you do not drink enough water, consume too many caffeinated beverages, travel frequently, live in dry climates or just naturally have parched skin.

What it does:

Green rooibos contains nine types of flavonoids to ward off age-accelerating free radicals and essential electrolytes to help hydrate from within. Goji berries deliver a healthy dose of Vitamin C, necessary for collagen production."

Here's the super delicious ingredient list:

HYDRATE MI BLEND:

- **green rooibos:** contains nine types of flavonoids that aggressively fight free radicals so that complexions will look younger, longer
- **goji berries:** naturally rich in vitamin C, necessary to promote collagen production to help keep skin smooth
- **rose petals:** used in Traditional Chinese Medicine for centuries to improve circulation and soothe from within

The good news is, no matter how plush it looks, it's actually affordable, at \$16.00 for 16 sachets/40g. There's no excuse! To wrap up; if anyone is listening, please, please, please hurry and let us try this tea in the UK! I can't wait! If you are lucky enough to live in the US or Canada, you can shop online directly from MIYU Beauty [here](#).