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5 Things I'm Loving... (#2)

by britanie faith · 6 comments



I'm back with my "5 Things I'm Loving" segment. You can check out my first [5 Things I'm Loving post here if you missed it!](#) This will now be a regular theme on my blog. Winter is here and with the weather being so much cooler I have many new products that I've integrated into my daily routine.

Evanhealy Whipped Shea Butter with Olive Leaf – This whipped butter has made me fall in love with oil-cleansing. I've always loved cleansing my face with oils but now that I have tried this whipped butter-like heaven I am a little obsessed. I use this three times a week and it keeps my skin hydrated, plump and clear of any blemishes. I am deeply in love with this product. Before I even ran out of my sample I purchased a full size and I can tell you right now before I get half-way through my full-size jar I will be repurchasing again. I will never go without this product, especially in the cooler months. Oh and the smell of this? Like a freshly baked (gluten free-for me) vanilla frosted cupcake! I couldn't take it one day, so I actually tasted a bit of the cream on my tongue! It's that pure. However, nowhere on Evan Healy's site does this say that the whipped shea butter is for "ingesting"...just saying! I will have a full review of this product + more Evanhealy products (which my skin has been *LOVING* lately) very soon!

Konjac Sponge with French Pink Clay – After using an oil-based cleanser to remove my makeup I then use my new Konjac Sponge. This is such a wonderful product. I have both the pink and red sponges and I think the pink is my favorite but I honestly love both. They exfoliate gently without ever irritating my incredibly sensitive skin and I can even use it to exfoliate my eye area which is so delicate and prone to eczema and dry patches in the winter. This has been the secret to keeping my skin clearer and assisting the oils and moisturizers to apply and penetrate so much better.

Miyu Beauty Hydrate Mi Tea – This is hands down my new favorite tea. I literally drink this every single day without fail. It's absolutely delicious and sweet enough that I don't find myself needing to add any honey. It contains **Green Rooibos** (contains nine types of flavonoids that aggressively fight free radicals so that complexions will look younger, longer), **Goji Berries** (naturally rich in vitamin C, necessary to promote collagen production to help keep skin smooth), **Rose Petals** (used in Traditional Chinese Medicine for centuries to improve circulation and soothe from within) and **Snow Pear Essence** and **Candied Pearls** for sweetness.

Lotus Wei Inner Peace Serum – This serum and every other product from the "Inner Peace" Collection is helpful for high levels of stress, anxiety, nervousness, fear, lack of confidence and is helpful for experiencing deep peace, calm, confidence, comfort + contentment; strength + assuredness during times of high-stress. I love to use this oil-based serum on my hands and feet before bed every night. I also use this on my legs and I gently massage the oil into my calves, ankles, feet and hands. This is an incredibly relaxing routine that I look forward to doing every night. The calming and grounding scents of Lavender, Vetiver, Geranium and Allspice help to calm me and the lovely oils leave my skin feeling incredibly smooth.

Badger Balm Damascus Rose Face Oil - I am so, so happy with this face oil. I recently purchased it at my local Co-Op. I was curious to try more from the Damascus Rose collection so I also picked up the **Damascus Rose Beauty Balm** which I will talk about soon (it's wonderful!!) but the Rose Face Oil in particular has stood out to me the most. I recently battled some hormonal acne which left me with hyperpigmentation. This oil has helped to diminish redness after just days of use. I use this every night on my face and it's enough moisture that I don't need any added creams. It smells and feels beautiful, and it's quickly becoming one of my new favorite oils of all-time.

Tell me what you are currently loving and if you have tried anything that I mentioned above, let me know your thoughts!

XOXO,

Britanie