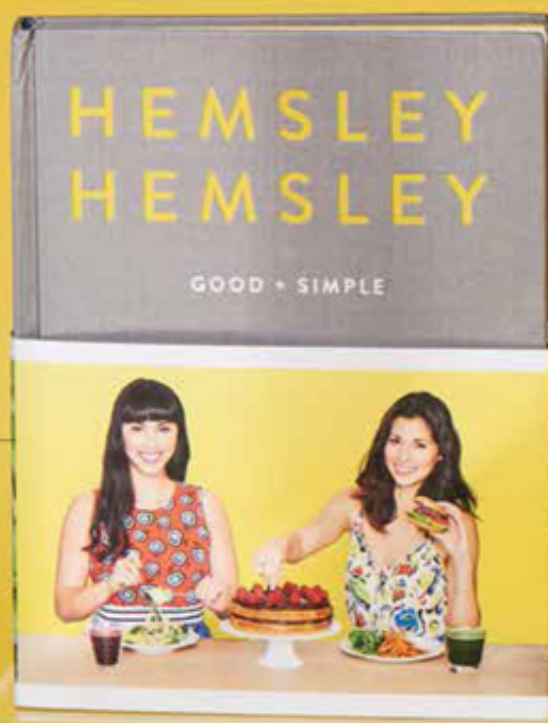


BEAUTY
FOR THE
kitchen
INNER BEAUTY.
LITERALLY.

Still life photography:
Harlan Erskine



1 2

**GLOW INNER
BEAUTY POWDER +
PROBIOTIC SKIN
REFINER**

by *The Beauty Chef*

If you are what you eat, The Beauty Chef wants to make you shine. Take a daily spoonful of its Glow Inner Beauty Powder, a mix of powdered and fermented berries and other superfoods, to give your skin a healthy glow. Byproducts of the fermentation process are used to create its Probiotic Skin Refiner that strengthens and hydrates the skin. Youthful skin and a balanced diet? We'll bite.

5 6

3

GOOD + SIMPLE
by HEMSLEY +
HEMSLEY

Meet the women credited with leading the “wellness zeitgeist.” Sisters Jasmine and Melissa Hemsley are back with their second cookbook, *Good + Simple*. It’s stuffed with healthy recipes, but don’t call it a diet book—the sisters emphasize healthy eating for mood and looks.

4

TERRAVIA
by Algavia

Next time you bake brownies, don’t forget the fermented algae. The smart scientists at TerraVia are introducing sea kelp to the superfood roster. AlgaVia checks all the superfood boxes: it’s sustainable, vegan, allergen-free and full of protein. Use this powdered algae as a low-fat replacement for dairy, oil and egg yolk.

5 6

**BEAUTY TONIC +
BEAUTY DUST**
by Moon Juice

Moon Juice’s beauty products are a heady combination of ancient recipes and alchemical ingredients. But the results are surprisingly down-to-earth: Beauty Dust is an edible powder for glowing eyes and hair; Beauty Tonic is an elixir boosting beauty from the inside out. We’re definitely bewitched.

7

**CAFFEINE FREE
SEAWEED TEA**
by Haeckels

This isn’t your grandmother’s tea. Harvested by hand off the coast of Kent, Haeckels’ caffeine-free seaweed tea has an earthy flavor with a hint of saltiness—pretty much what you’d expect from its main ingredient. Seaweed also racks up an impressive list of health benefits, from lowered cholesterol and higher metabolism to pain relief.

8 9

**DE-STRESS MI
BEAUTY TEA +
HYDRATE MI BEAUTY
TEA**
by Miyu Beauty

Come for the break from the daily grind, stay for the skin benefits. Miyu Beauty’s De-stress tea contains anti-inflammatory peppermint and chamomile, while its Hydrate blend uses rose petals and snow pear essence to rejuvenate dry skin.

10

THE SUPER ELIXIR
by WelleCo

Want to detox like a supermodel? Elle Macpherson swears by The Super Elixir, a green powder from her company WelleCo. The Super Elixir clocks in at 45 ingredients, a carefully balanced all-natural blend that alkalizes the diet and balances out the body’s pH levels. We can’t guarantee it will turn you into a goddess, but it’s worth a shot.

