

Monday, January 25, 2016

## MIYU's Beauty Essences: Enhance Your Skin's Ability to Retain Water!

[Affiliate Link](#)

[Press Sample](#)

Raise your hand if you have dehydrated skin (me!!!). Winter certainly brings out the dry in my combination skin. Sure, I adjust my skincare routine...I opt for richer moisturizers and hydrating cleansers. However, my skin is still feeling dry and dehydrated on a day-to-day basis. If you are like me, you will love adding a **MIYU Beauty Essence** into your routine. Honestly, when I first wanted to try it, I just thought it was going to be a hydrating toner. Well, I learned that it is more than a toner, it is actually a revolutionary new spray-on serum! It deeply hydrates, tones, and primes your skin. OMG! So, you are really not adding a new step to your skincare routine...you are replacing one: this product acts as your serum and toner in one. These **Beauty Essences from MIYU** are my new favorite part of my skincare routine (and something that I reach for throughout the day). My skin just loves these!!!



**MIYU has two Beauty Essences:**

As you will see below in the descriptions, these are slightly different formulas. So, I just reach for whichever one suits my skin's needs and they type of day I am having. :)

These MIYU Beauty Essences are so easy to use and they feel amazing going on. To use, I just wash my face and pat dry. Then I spray about 2-4 sprays of a MIYU Beauty Essence onto my hands and then pat it onto my face. You can feel the Beauty Essence instantly hydrate and smooth your skin. After that, I proceed with the rest of my skincare routine (skipping a serum!). Also, if my skin is feeling parched throughout the day, I will lightly mist the MIYU Beauty Essence directly onto my skin by spraying into the air and then putting my face into the mist. It instantly refreshes!



**Hydrate Mi Beauty Essences:**

This Beauty Essence has very light sweet notes of rose. This Beauty Essence *binds water to the skin and enhances skin's natural water transport system, delivering intense hydration to all layers of the skin.*

Choose this Beauty Essence if: *you do not drink enough water (me!!!), consume too many caffeinated beverages, travel frequently, live in a dry climate, or just naturally have dry and parched skin.*

Key Ingredients:

- Rose Petals: *used in Traditional Chinese Medicine for centuries to improve circulation and soothe from within*
- Wild Pansies: *proven to boost hydration by 20% in 28 days by enhancing aquaporin activity, the skin's natural water transport system.*
- Goji Berries: *known to promote collagen production, these berries will help keep skin smooth.*



**De-Stress Mi Beauty Essence:**

This Beauty Essence is so uplifting! It has light and fresh notes of peppermint! De-Stress Mi Beauty Essence *combats stress-induced free radicals, calms inflammation, and repairs skin's barrier function for more serene and radiant complexion.*

Choose this Beauty Essence if: *you multi-task from dawn till dusk, are strained from pressing timelines, or are just naturally type A (me!).*

Key Ingredients:

- Peppermint: *refreshes the mind and naturally delivers vitamins A and C to fight the effects of inflammation.*
- Licorice: *its natural anti-irritant anti-inflammatory properties can help calm and detoxify stressed complexions.*
- 5 Essential Minerals: *immediate soothes stressed skin while repairing barrier function.*

There is no question, using **MIYU Beauty Essences** has increased the hydration of my skin! These instantly hydrate and refresh and soothe the skin. This has left my skin looking more radiant and plump. I adore these Beauty Essences and will continue to use them as part of my everyday skincare routine! I don't know if I can ever go back to a regular hydrating toner after using these! I just love that they are "more than a toner"! They really are a toner and serum in one! Amazing!!! :)

Where to buy? You can find MIYU Beauty at Anthropologie and online at [www.miyubeauty.com](http://www.miyubeauty.com)



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