

Guilt-Free Holiday Gift Guide

ECO-FRIENDLY, TOXIN-FREE AND ORGANIC GIFTS
FOR EVERYONE ON YOUR LIST.



Bigarade Estérel Wool Blanket

Using vintage fabric and wool, designer and artisan Genevieve Lorange creates beautiful linens, throw pillows and baskets. Inspired by her grandmother's quilt making, Lorange offers free shipping anywhere in the world and a lifetime warranty, promising to perform repairs for free. This soft blanket is a unique, cozy gift for anyone on your list.

Bigarade Estérel Wool Blanket, \$129, bigarade.io



Flow Water Delivery

Have a case of this naturally alkaline spring water delivered to the health nut in your life. The silver tetra pack looks festive and you can pre-pay for a one-time delivery, for three months, six months or a year.

Flow Water, \$19.99 and up for a case of 12, flowlikewater.com



The Candle Crate Unicorn Farts Soy Wax Candle

For that stylish and hilarious friend, this candle makes the perfect host or hostess gift. This eco-friendly soy candle has a cotton wick and smells like a divine combination of pineapple, fresh grapefruit, banana, green apple, coconut cream, kiwi, strawberry and dreamy vanilla—like unicorn farts, of course!

The Candle Crate Unicorn Farts Soy Wax Candle, \$13, etsy.com



Tata Harper Glow On Demand Pre & Post Party Natural Beauty Essentials

For the natural beauty party girl in your life, this kit will keep her skin glowing both before the 2016 celebrations and after. Tata Harper's paraben-, sulfate- and phthalate-free formulas promise luxurious results without chemicals.

Tata Harper Glow On Demand Pre & Post Party Natural Beauty Essentials, \$60, sephora.com



Reef Kids Ahi Flip Flops

Are the kids in your life going on a beach vacation in the new year? Prep them for warm weather and bare toes with Reef's adorable flip flops. They come in a variety of patterns, colours and even glitter for the sparkle lover. Reef employs environmentally-conscious and socially-responsible business practices.

Reef Ahi Flip Flops, \$22, reef.com



Pure + Simple Holistic Vanity Damage Care Grab-N-Go Kit

Because no one who's lived a little hasn't done at least a little damage to their skin, this gift set helps repair skin damage at the cellular level using luxurious, organic, natural ingredients. We love Pure + Simple's sensitive, non-toxic skincare lines because they're safe and they work!

Pure + Simple Holistic Vanity Damage Care Grab-N-Go Kit, \$165, pureandsimple.ca



Ten Thousand Villages Sunrise Blossoms Cushion

This gorgeous hand-embroidered throw cushion is made by artisans in India in the traditional nakshi kantha style, which is described as "a woman's canvas or diary, created to tell her own story and the story of her family through thread." Exported by a company that provides financial and business assistance to artisan groups across India, this is a gift you can feel good about.

Ten Thousand Villages Sunrise Blossoms Cushion, \$34, tenthousandvillages.ca



Matt & Nat Peltola Backpack

A grown-up **backpack** in luxe-looking but cruelty-free vegan leather. We love Matt & Nat bags for giving non-leather wearers fashionable bag options!

Matt & Nat Peltola Backpack, \$150, indigo.ca



S'well Cabana Wood Water Bottle - 17 oz.

S'well's double-walled, non-leaching, toxin-free **stainless steel bottles** make staying hydrated oh-so-stylish with their sleek silhouette and chic designs. Get one for that friend who loves to look good at the gym.

S'well Cabana Wood Water Bottle - 17 oz., \$40, indigo.ca



Bookhou For Mini Mioche Happy Romper

Mini Mioche is made—from the organic cotton yarn to the last stitch—in Toronto. The dyes are non-toxic and any minimal packaging is made from recycled materials. The company has partnered with local artists to create fun, graphic prints for their adorable Happy Romper—which is available up to a size four!

Bookhou For Mini Mioche Happy Romper, \$66, minimioche.com



MIYU Beauty Mint To De-Stress Kit

MIYU Beauty pairs a beauty essence facial spray with healing, soothing tea to purify and beautify from within. Based on philosophies of **ancient Chinese** medicine, MIYU products feature three key ingredients: green tea for skin protection, pearl for preservation of youth and white peony for radiance. What's not included? Parabens, sulphates, phthalates, synthetic dyes and synthetic fragrances. It's also cruelty-free certified.

MIYU Beauty Mint To De-Stress Kit, \$49, miyubeaauty.com



Kaypea Jewelry Neon Soul Bracelet

We recently profiled **Kaypea Jewelry** designer Kristin because we love her earthy, boho vibe. These **bracelets** feature wooden beads from Thailand, moonstone and vintage neon sequins from France. They're a cute addition to any arm party!

Kaypea Jewelry Neon Soul Bracelet, \$28